

Linda M. Crate

to the person on twitter

who stated
depression isn't real,
i wish that it
weren't;
then my uncle wouldn't
have taken his life
and he wouldn't have suffered—
just because someone
battles demons
that are not yours
doesn't mean that they haven't
suffered,
and i know your post was
meant to bait people;
but years later it still makes me
angry
ignorance isn't bliss for those
who have to endure it—
i hope by now you've grown up
a little
depression isn't a choice,
i don't know anyone who would
make that decision;
no one wants to suffer but life doesn't always
hold our hand and ask us what we want.

Linda M. Crate's works have been published in numerous magazines and anthologies both online and in print. She is the author of six poetry chapbooks, the latest of which is: *More Than Bone Music* (Clare Songbirds Publishing House, March 2019). She's also the author of the novel *Phoenix Tears* (Czykmate Books, June 2018) and two micro-poetry collections. Recently she has published two full-length poetry collections *Vampire Daughter* (Dark Gatekeeper Gaming, February 2020) and *The Sweetest Blood* (Cyberwit, February 2020).