

## **Randi Lynn Sanders**

### **Eat Your Feelings**

I like desire served  
on an oversized platter  
with A.1. Sauce.  
I slice thick slabs  
of jealousy with great  
big steak knives  
like they have  
at Peter Luger.  
I prefer envy red,  
not pink,  
juices pooling,  
charcoal-seared.  
I don't need  
ala carte spinach  
but give me a big  
basket of onion rolls  
pungent enough  
to mask  
disappointment.  
Then dessert,  
absolution,  
layered ganache,  
sponge, mousse,  
rich, deep,  
sweet, bitter,  
dark.

**Randi Lynn Sanders** is currently enrolled in the Master of Fine Arts program in Creative Writing at Mississippi University for Women. Randi lives on the gulf coast of Florida, where she maintains her own financial advisory practice while honing her craft in her spare time, usually before or after market close.